

Guidance to Physio@Home clients for domiciliary visits from July 2020

We have put into place some additional control measures in order to reduce the spread of COVID-19 and kindly ask that all clients/families please read this document

- Please contact your therapist if you have displayed any symptoms of COVID-19 within the last 14 days or potentially have been in contact with anyone who has had or displayed symptoms within the last 14 days. You will be asked to confirm this at the start of your appointment.
- Our therapists will take their temperature at the start of each working day and we will cancel appointments if we have a high temperature (over 37.8°C) and/or other symptoms of COVID-19.
- We will ask that you wash your hands or use alcohol gel before commencing the physiotherapy session.
- We would ask that any other family members/carers are not present for therapy unless necessary, and if so adhere to social distancing guidelines where possible. **It is unlikely that the therapist will be able to maintain 2 metres distance from their client.**
- Where possible our therapists will ask to wash their hands prior to donning personal protective equipment, if this is not possible they will use alcohol gel instead.
- Our therapists will be wearing protective equipment to protect you and them. This will consist of apron, gloves and face mask. If you would like to wear a mask or face covering we encourage you to provide a suitable one prior to therapy.
- We will not be accepting cash payments.
- Please cough, sneeze or blow your nose into tissues and dispose of these immediately. If none are available please cough or sneeze into your elbow and wash immediately.
- We will be limiting the equipment that we bring into our clients' homes and will only bring in items that can be easily disinfected between clients.



Important information for clients:

Procedure for putting on Personal Protective Equipment (PPE):

- 1- Therapists will arrive wearing a face mask
- 2- Where possible they will ask to wash their hands and will use their own disposable hand towels, if this is not possible they will use alcohol gel instead.
- 3- Therapists will then put on aprons and gloves.

Procedure for removing PPE:

- 1- Therapists will remove apron and gloves and place them into a disposable bag.
- 2- They will then, where possible, wash their hands and use their own disposable hand towels, if this is not possible they will use alcohol gel instead.
- 3- Therapists will leave wearing a face mask and will take all used PPE away with them.